**Catherine Marshall Clinic**

**Various Dates See Website**

**Whitesands Equestrian Centre**

**Open to all**

**(Members will be given priority if oversubscribed)**

**Class 1 – Initial Assessment and Lesson 1 hour**

**Class 2 – Follow on Lesson 45 minutes**

**Class 3 – Lunging and Ground work Lesson ½ hour**

Catherine is a classical rider and trainer and is the only licensed instructor of Philippe Karl’s School of Légèreté in Scotland. Her techniques are systematic, progressive, holistic and horse centred, and yield quite spectacular results with horses across the spectrum.

Légèreté translates as “lightness”.

This approach can solve problems like rushing, leaning, head shaking, falling in around corners, and horses coming above or behind the bit.

Don’t be put off by the French title. Catherine starts with the absolute basics of a good seat and contact, and welcomes riders of any level.

The first lesson for each rider will last for an hour as there will be an assessment of the horse and rider. Catherine will ride the horse as part of the assessment.

Follow up lessons will be 45 minutes although we will offer ½ hour if this is more suitable for riders.

**Entry fee Class 1 £35 for NLRC members, £40 non-members.**

**Entry fee Class 2 £30 for NLRC members, £40 non-members.**

**Entry fee Class 3 £20 for NLRC members, £25 non-members.**

**Closing dates 2 days before events**

**No entries will be taken without payment, please make cheques payable to NLRC.**

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**Entry fee Class 3 £20 for NLRC members, £25 non-members.**

**Cheques made payable to NLRC**

**Entries to: on line or by post to:**

Shona Playfair

Grieve’s Cottage

Abbey Mains

Haddington

EH41 3SB

**Date Entering: .**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Class** | **Rider** | **Horse** | **NLRC member** | **Fee** |
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 **Total £**

**Name :...................................................................................................**

**Address:....................................................................................................**

**....................................................................................................**

**Email :...................................................................................................**

**Telephone (mobile if possible) :..............................................................**

**Time requests/ travelling with  (will be accommodated where possible)**

**…………………………………………………………………………………**

**SIGNED   …………………………………………………………………….**

**I AGREE TO ABIDE BY THE RULES AND THAT I AM A MEMBER OF A RIDING CLUB OR HOLD PRIVATE THIRD PARTY INSURANCE.**

**Non-Members may be asked for evidence of cover**