**Legeretes Demonstration**

**with Catherine Marshall**

**Whitesands Equestrian Centre**

**Wednesday 27th June 2018 at 7pm**

**We are hosting an evening to show off the training that Catherine can provide for your horse.**

**She will ride her own horse and show off his level of training and explain how this has been achieved.**

**She will also teach a lesson with a horse and rider who are new to her techniques so you can see where you would start your training.**

Catherine is a classical rider and trainer and is the only licensed instructor of Philippe Karl’s School of Légèreté in Scotland. Her techniques are systematic, progressive, holistic and horse centred, and yield quite spectacular results with horses across the spectrum.

Légèreté translates as “lightness”.

This approach can solve problems like rushing, leaning, head shaking, falling in around corners, and horses coming above or behind the bit.

**Coffee and cakes will be provided**

**Members £5**

**Non-members £10**